



London City Lionesses are inviting applications for an exciting new role for a Head Physiotherapist

We are expanding our Medical and Performance department capabilities to ensure we excel in the FA Women's Championship, onwards to the Women's Super League (WSL) and Champions League. We require a Head Physiotherapist to build and lead the Medical team within the first team, in collaboration with the Performance Department. Delivering top class Physiotherapy Services and the highest standards of professional care for our First Team.

Job Title	Head Physiotherapist
Reporting To	Football Director and LCL Board
Department	Medical Department
Direct Report	Medical Department
Location	Princes Park (Dartford, DA1 1RT), K Sports Cobdown (Aylesford, ME20 6AU) & Various Stadiums for Away Fixtures
FT	Full Time - Competitive According to the team schedule, competition demands and player needs.

### Experience, Skills and Qualifications

#### Essential

- A recognised Physiotherapy Qualification
- Full registration with the Health & Care Professions Council (HCPC)
- Chartered Physiotherapist (CSP)
- Hold an up-to-date advanced emergency pitch side qualification e.g. ATMMiF Level 5
- Be a UKAD Clean Sport Advisor
- Have appropriate medical indemnity to treat/advise FA WSL and FA WC players
- Minimum 5 years' experience working in female and male Elite Football or Elite Sport, Professional or Olympic Level, this includes National Teams.
- Minimum 3 Years as Lead of Department or in a Leadership position
- Proven demonstrable record of successful rehabilitation and Injury reduction strategies. Particularly knee and musculoskeletal issues.
- Flexible approach to working hours.
- Attend all training sessions and matches throughout the season and preseason, home / away and any international training camps, fixtures.
- Comfortable in a fast-paced environment, have the ability to manoeuvre, be agile, and have a can-do approach
- High level of knowledge of Women and Girls Athletic populations to meet the demands of Elite football.
- Highly experienced in the planning and delivery of gym-based and pitch-based football rehabilitation programs.
- Ability to work in a fully integrated medical and performance department, providing clinical support to other football departments
- To be committed to ensuring the safeguarding and welfare of all LCL athletes
- Maintain confidentiality and protect sensitive information regarding injured players.

### **Desirable**

- MSc in sport and exercise medicine
- Experience within other football competitions i.e. UEFA Champions League, or other high level competition experience

**The above provides an outline for the role required and should not be regarded as a conclusive list.**

### **Specialisms and High-Level Clinical Skills**

#### **Essential**

- Have a full understanding of positional player demands and return to training and competition.
- Ability to lead pitch and gym-based rehabilitation and recovery sessions.
- To be competent and rational with the interpretation of objective outcome measures during rehabilitation and as part of weekly screening: Including, Vald Force plates testing, other technology and adjuncts.
- Covid: Delivering the highest standards of Physiotherapy care for players affected by Covid, and any subsequent, cardiac or musculoskeletal issues, returning to training and competition

### **Leadership and Management: Medical Team**

- To create genuine professional relationships grounded in integrity, be open to ideas and ways of working, and support members of the interdisciplinary team, Club Physiotherapists and Performance staff, Team Doctor, Technical and Coaching staff, external stakeholders and input providers.
- Line-manage a selection of Physiotherapy staff (part and full-time) and placement students, and Interns. Plan and deliver weekly team meetings, regular one to ones, appraisals, and maintenance of up-to-date qualifications, with support of the Head of Performance and wider medical team.
- Implement a CPD schedule for the Medical and Performance department, and where appropriate lead CPD.

### **Main Duties / Responsibilities**

#### **Essential**

- To provide high standards of Physiotherapy care in conjunction with the club values of professionalism, respect, integrity, discipline, and effort
- Season Injury Data Management and Reporting: Identifying Injury patterns, incidence, rate. High level data collection, analysis, reporting of niggles, injuries and illness. This includes auditing collected data.
- Ensure all injury and medical records are accurately updated on the Women's Performance System in line with professional body, FA guidelines and GDPR.
- Provide written reports and daily communication to the wider medical department on the rehabilitation status of the injured player/s under care, as well as effectively communicating relevant information to the wider interdisciplinary team.
- Provide daily, weekly and monthly injury reports to the Football Director, the Club Board, Head Coach / Manager, Head of Performance and other key stakeholders.
- Organise and lead with the team Doctor all medical testing and cardiac screening in conjunction with external service providers and keep up to date club and external databases.

- In conjunction with the Head of Performance, report to the Head Coach Daily Player Readiness and player availability for training and matches.
- Experience establishing partnerships and negotiating services that offer a high level of delivery and value.
- Physiotherapy Budget Control and Management: Managing services using external service providers, Insurance Partners, Health Partners Europe. Ensuring budgets are controlled, administrative duties carried out with accuracy and kept up to date.
- Excellent data presentation skills and competency, google sheets, and Microsoft office and other data visualisation tools.
- Extensive experience using performance management applications, medical and performance.
- In conjunction with the team Doctor and Head of Performance lead on the assessment of new player signings
- Deliver physical screening / movement screening throughout the season working with the performance department and team doctor
- In conjunction with the Team Doctor and Performance Team, Particularly Therapeutic Use (TUE's), carry out required administrative duties for first team players with accuracy and Speed.
- Maintain and ensure up to date medical records on all first team players.  
UK Anti-Doping (UKAD) and FA Anti-Doping regulations are adhered to at all times, and any requirements from UKAD or FA Anti-Doping are actioned immediately.

**Desirable**

- Experience of data application of GPS, Catapult Vector or Stats Sports to rehabilitation and return to training and competition programmes

**Main Duties / Responsibilities**

**Continuing Professional Development (CPD)**

- keep abreast of current research and evidence-based practice in the physiotherapy field with a focus on sports-related injury and rehabilitation research. Evidenced CPD portfolio in line with professional body guidelines.

If you have the aspiration, drive, and qualifications to join our professional Club, please send your CV, cover letter (one page maximum), current salary and available start date to Head of Performance: [Lizzie.Fluke@londoncitylionesses.com](mailto:Lizzie.Fluke@londoncitylionesses.com)

Interviews will be held at a date to be confirmed and only those invited to interview will receive return notification from London City Lionesses.

London City Lionesses is committed to a policy of treating individuals fairly and recruiting, selecting, training, and promoting based on merit, experience, and other work-related criteria. We do not discriminate against any applicant based on age, race, religion, sex, disability, sexual orientation, or gender identity.

