



# Role Profile Physiotherapist

## Role Reports To: Head of Womens Football

**Role Purpose: Lead the development and delivery of all aspects of physiotherapy services to the Women's First Team, in line with the Club's injury reduction and performance enhancement philosophy.**

## Main Responsibilities and Accountabilities

- Contribute to the success and achievements of the Women's First Team and the Regional Talent Club (RTC) and Medical Department.
- Maintain license requirements by continuously striving for excellence, with the mission to provide a highly advanced level of service provision to the club's female players.
- Deliver individualised player development and injury reduction strategies to manage injury risk and enhance individual and team performance in collaboration with the wider interdisciplinary team, ensuring effective long-term athletic development (LTAD) of all RTC players.
- Ensure that a multidisciplinary approach is taken to player management, working with the interdisciplinary team to improve and extend the evidence based medical provision and rehabilitation practices employed by the Women's Team.
- Contribute to the design, implementation and effectiveness of athlete monitoring strategies and injury surveillance systems to objectively quantify player readiness to train and minimise injury risk throughout the Women's Team.
- On a monthly basis, collect, analyse and present audited data to the interdisciplinary team to identify potential trends and risks factors associated with injury.
- Contribute to the delivery of project work or applied research within Aston Villa Football Club under direction of the Head of Women's Football.
- Provide physiotherapy input into all individual learning and development plans to enhance performance of players and minimise the risk of injury.
- Devise and manage rehabilitation and treatment according to high quality research and departmental set return to play criteria.
- Ensure appropriate medical cover and availability for all Women's training, games and external clinical appointments as per a pre-arranged training schedule.
- Contribute significantly to knowledge sharing and development across the club to support development of the Women's provision and its staff.
- Utilise the club's electronic medical records system WPS for accurate record keeping in line with professional regulations.
- Take personal responsibility for continued professional development, ensuring that you attend regular courses and conferences in addition to keeping an up-to- date portfolio.
- Any other reasonable duties and responsibilities which your line manager or another senior manager at the club asks you to perform.
- Demonstrate commitment to Safeguarding by adhering to relevant policies, procedures and values relating to safeguarding children and adults at risk
- Support the Club's commitment to equality, diversity and inclusion

## Qualifications, Key Skills & Experience

### Essential

- BSc (Hons) in Physiotherapy (minimum 2:1)
- Health and Care Professions Council (HCPC) membership
- Advanced Emergency Aid qualification, this should be Level 5 ATMMIF
- Chartered Society of Physiotherapists (CSP) membership
- Be a UKAD Clean Sport Advisor
- Have appropriate medical indemnity to treat/advise players

- Experience in rehabilitation programming
- Extensive experience of working within a professional team sport and in the provision of physiotherapy services to high performance elite athletes.
- Experience of conducting pre-signing medicals in addition to formulation of player pre-signing documents for interdisciplinary team review
- Extensive knowledge of applied functional anatomy including demonstration of expert clinical reasoning skills.
- Extensive experience in planning and delivering advanced progressive rehabilitation programmes for elite athletes, and in developing and implementing innovative ideas to enhance service provision.
- Ability to design and deliver individual rehabilitation programmes and ability to take a holistic approach to the treatment and rehabilitation of injury.
- Ability to use knowledge and practical expertise to promote the health and wellbeing of individual athletes.

### **Desirable**

- Excellent presentation and communication skills that can educate, advise and motivate players, coaches and parents.
- Knowledge and comprehensive understanding of the various roles within an interdisciplinary team in a footballing environment, and recent advances in sports medicine assessment, rehabilitation, screening and injury risk management.
- Experience in use of multi-platform software packages i.e. Benchmark 54, PMA or WPS.
- Proven experience of working in an interdisciplinary team setting within a pressurised challenging environment.
- Comprehensive understanding of maturation and long-term athletic development and the performance demands of a professional female athlete.
- Full UK driving licence

### **Disclosure and Barring Service Check Requirement**

- This role will be subject to an Enhanced Disclosure including a Barred List Check disclosure.

*Aston Villa Football Club is an inclusive institution that provides a welcoming environment to supporters, the local community, customers, employees, contacts and competitors. We want to ensure that the Club and all its subsidiaries are free from discrimination of any kind, embracing all regardless of age, race, disability, gender reassignment, pregnancy and maternity, sexual orientation, marriage and civil partnership, sex (gender), religion or belief.*

*Aston Villa Football Club is fully committed to safeguarding children and adults at risk across our Club. As such, we adhere to Safer Recruitment processes and for some roles a satisfactory enhanced disclosure via the Disclosure & Barring Service may be required prior to starting in a role at the Club. For more information, please see [Aston Villa Football Club | The official club website | AVFC - Safeguarding](#)*