



Performance Coach (U9 – U16)

Full time

Sunderland AFC are looking to recruit a Performance Coach (U9 – U16) to lead the delivery of the Academy's sports science programme for the U9 to U16 playing squads.

Reporting to the Head of Medicine and Performance the primary responsibility of the role is to ensure the effective implementation of the Academy's sport science programme for the U9 – U16 age groups, through the design, delivery, and monitoring of high functioning sport science support.

The successful candidate will be required to 40 hours per week, Monday to Sunday, with the ability to work flexibly on evenings and weekends to suit the needs of the role.

The position will include the following roles and responsibilities:

- Within the framework of the sports science programme, design, deliver and monitor the provision of high functioning sports science support to the U9 – U16 playing squads to facilitate the ongoing physical development of the players.
- Utilise an evidence-informed approach to ensure the provided sport science support is structured and periodised to meet the needs of the players at different stages of their physical development.
- Work in collaboration to constantly assess/evaluate/adapt the operation of the sport science support programme, to ensure it consistently meets its stated objectives, as well as positively contributing to the achievement of the objectives of the Performance and Medical domain, the Academy, and the wider organisation.
- Daily activities will include but will not be limited to, the delivery of on-field and gym-based conditioning sessions to players, providing sport science support to Coaching staff in the planning and delivery of on-field sessions, supporting with the rehabilitation of injured players, leading on the collection, assessment, and reporting of growth and maturation data, supporting the analysis of GPS data and disseminating key information to players and staff.
- Mentoring placement students and providing them with the best possible learning experiences throughout their placement with the Academy.
- Work alongside the Performance and Medical staff to ensure the sport science programme across the Academy complies with, and exceeds, the requirements of its Category One status.
- Actively engage with Continuing Professional Development and work with the Head of Performance and Medical to maintain an up-to-date personal development plan

The successful candidate must hold a Bachelors degree (or equivalent) in Sport Science or a related discipline, UKSCA Accreditation (or working towards) and the EFAiF (First Aid) qualification and have attended the FA Safeguarding Children workshop. Previous ability to effectively coach young athletes, with the ability to vary coaching styles to the demands of different age groups is essential. You will be expected to maintain your qualifications and CPD as required for the role.

This position is subject to an Enhanced Disclosure and Barring (DBS) check.

A full job description and person specification is available on request.

If you feel you have the relevant skills and wish to be considered, please complete the application form and return by e-mail to recruitment@safc.com. The closing date for applications is 20 October 2021.

EQUAL OPPORTUNITIES

Sunderland AFC is an equal opportunity employer. We are committed to a policy of treating all employees and job applicants equally. Our aim is that all colleagues should be able to work in an environment free from discrimination, harassment and bullying.

SAFEGUARDING CHILDREN & ADULTS AT RISK

Sunderland AFC is fully committed to the safeguarding and welfare of children, young people, adults at risk and all vulnerable groups within the organisation. Sunderland AFC owes a duty of care to safeguard all children, young people, adults at risk and all vulnerable groups involved in activities as organised by the football club. Sunderland AFC makes provisions for children, young people, adults at risk and all vulnerable groups through adherence to the Safeguarding Policies and Procedures adopted by the Club.