



## Job Advert

<b>Job title:</b>	Academy Sport Scientist (Part Time)
<b>Employer:</b>	<b>Reading Football Club</b>
<b>Location:</b>	Bearwood Park RG41 5DB, Academy Training Complex, Forest School Air Dome.
<b>Contract:</b>	Part time
<b>Salary &amp; Benefits</b>	£12,266.00 per annum <ul style="list-style-type: none"><li>• Paid day off to celebrate your birthday</li><li>• Employee Assistance Programme with free access to help, advice, and support</li><li>• Complementary home match ticket</li><li>• Auto-enrolment into the Club's pension scheme (depending on eligibility)</li><li>• Group Life Assurance benefit (death in service cover)</li></ul>
<b>Hours of work:</b>	20 Hours per week, max. 4 evenings and 1 x Saturday/Sunday Fixture (May vary in School Holiday periods)
<b>Department:</b>	Academy
<b>Reporting to:</b>	Head of Academy Sports Science & Medicine (HASSM)

### Equality, Diversity and Inclusion Statement

Reading Football Club are committed to ensuring equal opportunities are given to all and welcomes applications from all areas of the community regardless of age, disability, sex, gender reassignment, sexual orientation, pregnancy and maternity, race, religion or belief, marriage and civil partnerships

### Safeguarding Statement

Reading Football Club recognises that the safety and protection of children and young people engaged in club activities must take priority over all other considerations. Due to this post being in regulated activity, the potential employee will be required to undertake a Disclosure and Barring Service check at the appropriate level. It is a criminal offence for a barred person to attempt to engage with vulnerable group. Engagement will be subject to sight of a satisfactory DBS disclosure and stringent background and reference checks.

### Job purpose

The Academy Sport Scientist will co-ordinate and liaise with the Lead Academy Sport Scientist (LASS), Lead Academy Strength & Conditioning Coach (LASC) and Head of Academy Sports Science & Medicine (HASSM) to deliver a sports science support service to all players in the U9-U16 age groups\_(With particular focus on the U9-U14 squads).

### Accountabilities

- To co-ordinate and implement sports science support services to players within the Reading FC Academy in conjunction with all academy sports science staff and in liaison with the LASC & HASSM
- To deliver on-field and gym based athletic development sessions, Pre-hab and rehab sessions in line with the RFC Physical development model and as directed by LASC, LASS, HASSM and age group appropriate medical staff.
- To set-up, download and present training and game load data using Heart rate and GPS technologies.
- To oversee weekly training intensities and devise long-term programmes for players with reference to age group specific needs in association with LASC, LASS, HASSM, academy sports science staff and academy medical staff
- To conduct physiological testing at least 4-times per season with all players as directed by LASC and LASS.
- To conduct & assist in Pre-Training Assessments and screening as directed by LASC and LASS.
- To assist the LASC & LASS in the development and management of trialling (Trialists) procedures and testing for potential academy players in conjunction with HASSM and all other academy sports science and medicine staff in conjunction with the academy recruitment team.
- To write training programmes in conjunction with appropriate team staff (Coaches, Physiotherapists, and HASSM) and in conjunction with the individual players' needs analysis.
- To employ recovery strategies that ensure optimal training and match time.
- To assist the LASC, LASS and Nutritionist with delivery of Nutrition & Lifestyle education syllabus to PDP players, parents, guardians, and host families through seminars during the season.
- To ensure players are prepared physiologically for the task ahead – be it a game or training through structured appropriate warm-ups and activation sessions in relation to the RFC Physical Development Syllabus as appropriate to age group concerned.
- To establish and maintain links to other divisions of the support team (physiotherapy, sports psychology and Professional Development Phase).
- To occasionally travel with relevant age groups to matches and tournaments to assist in the delivery of elite performance provision.
- To contribute to the development of resources and educational aids as directed by HASSM, LASC & LASS.
- To contribute to and actively participate with the clubs internal CPD programme.
- To maintain up to date records on the club PMA (performance Management Application) in conjunction with EPPP/ Premier League Requirements and Regulations.
- To contribute where appropriate to all age group training as directed by LASC, LASS & HASSM.
- To liaise and maintain communication links to other members of the Reading Football Club support team.
- To adhere to a strict code of confidentiality in respect of any information relating to Reading Football Club and its operation

- There is an expectation that you will undertake adhoc work on an exceptional basis or provide relevant cover for other team tasks

### Behaviours & Attitude

- To be a role model for all club values and ways of working – “walk the talk”
- To exude a can-do attitude (best of Reading Football Club)
- To be flexible and agile, always ready to adapt if things don't go to plan
- To be an ambassador for Reading Football Club
- To act in a manner that supports the Club's Vision & Values at all times

### Key Performance Indicators

- Ensure all facets of the Sports Science Department meets Reading FC EPPP compliance standards
- Ensure all facets of the Sports Science Department meets Reading FC PMA compliance standards
- To respond to all enquires within Reading Football Club Charter guidelines.
- To adhere to a strict code of confidentiality in respect of any information relating to Reading Football Club and its operation
- To be presentable at all times when working and demonstrate that you can represent the face of the club in the manner expected
- To maintain Reading Football Club's Safeguarding (Child Protection), Health, Safety and Equal Opportunity procedures and practice

### Person specification

	Essential	Desirable
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>BSc (Hons) Sports Science, Strength &amp; Conditioning or related degree</li> <li>FA EFAiF</li> </ul>	<ul style="list-style-type: none"> <li>MSc Sports Science or related</li> <li>BASES Accreditation (Or working Towards)</li> </ul>
<b>Experience</b>	<ul style="list-style-type: none"> <li>Experience working in Elite Sport – Preferably in the Academy setting</li> </ul>	

<b>Knowledge</b>	<ul style="list-style-type: none"> <li>• An understanding of EPPP process</li> <li>• An understanding of GPS systems</li> </ul>	•
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Computer literacy, Including MS Office and Excel</li> <li>• Encourage, develop and manage elite footballers</li> <li>• Excellent communication and team working skills.</li> </ul>	•
<b>Attitude</b>	<ul style="list-style-type: none"> <li>• An understanding and commitment to equal opportunities in employment and sport.</li> <li>• Strong commitment to developing elite athletes</li> <li>• Ability to work irregular and unsocial hours as required involving work outside normal office hours, at evenings, weekends and bank holidays</li> </ul>	

**Due to this post being in regulated activity, the potential employee will be required to undertake a Disclosure and Barring Service check at the appropriate level. It is a criminal offence for a barred person to attempt to engage with vulnerable group**

<b>Closing date for applications:</b>	<p><b>12 noon on Wednesday 15<sup>th</sup> June 2022</b></p> <p>Please note, we reserve the right to shortlist and interview prior to the closing date above</p>
<b>Contact:</b>	<p>Please send your completed application form to <a href="mailto:recruitment@readingfc.co.uk">recruitment@readingfc.co.uk</a></p> <p>CV's will not be accepted</p>