

Job Description

Sports Scientist

Job title: Sports Scientist
Reports to: Head of Fitness and Medical
Location: Home based (UK) with requirement for frequent travel
Contract: Full time - Permanent

Organisation Overview:

Formed in 2001 to improve refereeing standards, PGMOL manage the 600 match officials operating in the Premier League, EFL, Women's Super League and Championship, National League and FA Competitions. PGMOL is responsible for the recruitment, training, development and mentoring of all match officials.

Role Purpose:

Working as part of a multidisciplinary team, the sports scientist will play a key role in enhancing the long-term athletic development of Premier League, English Football League and Women's Super League match officials.

Main Duties:

(Include but are not limited to)

Technical

- Benchmark physiological data to enable long-term athletic development
- Construct scientifically underpinned metabolic training programmes
- Monitor adherence to training programmes and quantify / regulate training load
- Conduct field-based fitness testing
- Provide regular feedback to match officials and report periodically to coaches
- Attend training camps and deliver field-based training sessions
- Body Composition Assessments

Administration

- Assist in the implementation and enforcing of sports science protocols
- Maintenance of the 'fitness management system' / keeping records up to date
- Report to and communicate with referee coaches
- Collaborate with coaches and fellow support staff

Education / Research

- Develop and deliver an education programme geared towards officials at different levels
- Produce and disseminate educational material
- Deliver workshops
- Carry out sports science research into trends in refereeing and apply it

Person Specification:

(Experience, qualifications, skills, aptitudes, and personal qualities)

Essential

Qualifications/experience:

- Postgraduate qualification in Sports Science (Physiology)
- 2+ years' experience in the physical development of high-performance athletes
- Experience of working within a multi-disciplinary support team
- Strong knowledge of up to date training methodologies and technologies

Knowledge and Skills:

- Good grasp of the physiological determinants of success in refereeing
- Confident and proficient presenter
- Strong organisational skills with an attention to detail

- Flexible communication style applicable to working with different levels of match officials
- Possess a good knowledge of football
- Capacity to build positive working relationships with officials, coaches and staff

Behaviours:

- Highly self-disciplined and hard-working
- Possess a positive, 'can-do' attitude
- An ability to promote behavioural change
- Compassionate and considerate of the needs of match officials

Desirable:

- Experience of working with elite performers as a 'remote coach'
- Capable of taking training sessions for large groups
- Experienced in using monitoring software to set, analyse and adjust training load
- Level 1 ISAK accredited

Applications:

Applicants should send a CV accompanied by a one-page letter outlining their suitability for the role to: humanresources@pgmol.com

Please reference your application 'SpSc'. The closing date for applications is 9am on **20 May 2022**.

Please note that you need to have the right to work in the UK.

PGMOL is an equal opportunities employer and welcomes applications from all sections of the community.