

JOB OPPORTUNITY
u9S – u16S PHYSICAL DEVELOPMENT COACH

We are looking for an experienced u9s – u16s Physical Development Coach develop, co-ordinate and oversee the delivery of all Physical Development and Sports Science related matters to our u9-u16 Academy players. The successful applicant will optimise the availability, athletic development and physical performance of Nottingham Forest u9-u16 players through the passionate delivery of evidence-based practice.

Reporting to the Head of Sports Science and Medicine, you will be based at the Nigel Doughty training Ground.

<p>Key Tasks & Responsibilities</p>	<ul style="list-style-type: none"> • To work closely with existing Academy Sports Science and Medicine staff in planning and overseeing the delivery of all on-field conditioning to u9-u16 players. This will include warm ups, cool downs, field performance testing and pitch conditioning utilising up to date research and evidence based practice. • To work closely with existing Academy Sports Science and Medicine staff in planning and overseeing the delivery of all gym-based movement and conditioning to u9-u16s players. This will include warm ups, pre-activation, gym based performance testing and coaching. • Liaise with u9-u16 Coaching Staff to assist in optimising training loads and schedules with particular reference to avoiding under- and over-training on a group and individual basis. • To partake in the development of evidence-based protocols and research for all areas of Sports Science and Strength & Conditioning throughout the club as directed by the Lead Academy Sports Scientist, Head of Academy Strength and Conditioning and Head of Academy Sports Science and Medicine. • To contribute fully within the Sports Science and Medicine CPD programme of the department, through both participation and delivery of material. • To be actively involved in an interdisciplinary approach to monitoring recovery, readiness and response to training / matches and gym and pitch-based injury rehabilitation and mitigation. • To be responsible for the organisation, effective running, collection, interpretation and feedback of the load monitoring of players including GPS, heart rate and subjective assessments and successfully implementing all data within a periodised season. • To deliver all Sports Science related tasks for u16 on a match day. • To work closely with the Academy Nutritionist in the planning and delivery of a player and parent education syllabus. • Any other duties that are reasonable and consistent with the nature of the job, as prescribed Head of Academy Sports Science and Medicine. • To maintain player information confidentiality within the scope of practice at all times. • To act, always, in a manner appropriate to a representative of Nottingham Forest FC.
<p>Qualifications, Skills, Knowledge & Experience</p>	<p>Essential</p> <ul style="list-style-type: none"> • BSc (Hons) Sports Science, Strength & Conditioning or related. • Minimum 2 years’ experience of working in an elite sporting environment in a related role. • Relevant experience working with young athletes or a demonstrable excellent understanding of the specific needs of young athletes. • 1st Aid Qualification <p>Desirable</p> <ul style="list-style-type: none"> • MSc Sports Science, Strength & Conditioning or related. • UKSCA accreditation or working towards this. • ISAK accreditation. • Extensive experience in the planning and delivery of LTAD.

<p>Other</p>	<ul style="list-style-type: none"> • The salary for this role is £23,000. • This job is a full-time, permanent contract with a notice period of 3 months. • You may be asked to undertake additional duties to those above, either on a temporary or permanent basis, which the Club reasonably believes you are capable of carrying out, or for which you will be trained. • Relevant professional, ethical and health and safety standards apply. • You will be required to demonstrate your commitment to equality, inclusion and anti-discrimination, at all times, including attending relevant training as and when required.
<p>To Apply</p>	<p>To apply, please email your CV to jobs@nottinghamforest.co.uk</p> <p>Due to the high volume of applications we receive daily, please state your name and the job role in the email subject bar on application as follows: NAME – U9S-U16S PHYSICAL DEVELOPMENT COACH – APPLICATION</p> <ul style="list-style-type: none"> • Closing date: 19th May 2021 • Interview date: 26th May 2021 <p>All shortlisted candidates will need to verify their eligibility to work in the UK at interview.</p>
<p>Equal Opportunities Commitment</p>	<p>Nottingham Forest Football Club is an equal opportunities employer and welcomes applications from all suitably qualified persons, regardless of age, disability, gender, gender reassignment, marital / civil partnership status, pregnancy / maternity leave, race, religion/belief, sexual orientation, or any other legally protected characteristic.</p> <p>The welfare of young people and adults at risk is paramount within our Club and the safeguarding of all children, adults, staff, and visitors is everyone’s responsibility. All staff have a responsibility to act on a suspicion or disclosure that may suggest a young person or adult is at risk of harm. All staff are expected to familiarise themselves with the Club’s HR and Safeguarding policies and procedures including the Safeguarding team and how to report a concern.</p> <p>We make recruiting decisions based on your experience, qualifications, and skills alone.</p>