

PDP PHYSIOTHERAPIST

Reporting to the Head of Academy Medicine, this post is expected to involve contributing significantly to both the Medical and Sports Science departments to optimise the availability and enhance the long-term athletic development of Nottingham Forest Academy players through optimal service provision in the medical department. The role will require the individual to assist in the medical management, co-ordination and supervision of the PDP players, alongside the Academy Head of Medicine, including all aspects of medical screening, injury assessment, diagnosis, management and prevention strategies in line with evidence-based practice. To assist the Academy Head of Medicine in the day-to-day running of the medical department, working as a mentor for the junior staff.

Key Tasks & Responsibilities

Management of Injuries

- To primarily work with the PDP squads providing physiotherapy services
- To lead on the treatment and management of injuries sustained to all players in the PDP squads, working closely with the performance staff to co-ordinate and deliver evidence and performance-based rehab programmes
- To standardise the management of injuries by assisting in the development and structure of injury rehabilitation protocols and philosophy
- To monitor the effectiveness of injury management principles through clinical injury audits and training availability
- To ensure effective, appropriate and thorough communication of injury updates are provided to the player, coaching staff and other relevant staff members
- To assist the Academy Head of Medicine and Academy physiotherapist in the provision of physiotherapy services across all age groups and to help oversee the use of part time physiotherapists and sports therapists in their provision of medical care to all players in the Academy

Injury Prevention

- To provide musculoskeletal screening/profiling for all Academy players and integrate this with the Club medical records
- To lead the musculoskeletal screening/profiling for all PDP players and assist with the process for all Academy players and integrate this with the Club medical records
- To work alongside the performance staff in order to deliver individualised effective injury prevention strategies in both individual and group sessions
- To liaise effectively with the Academy coaching staff on a daily basis in order to keep them informed of players' availability for Academy matches and training
- To work alongside the performance staff in order to deliver first class recovery and injury prevention strategies to all players both immediately after games and on recovery days
- To ensure all players are educated on the importance of recovery, health and athletic development

Pre-Signing Medicals & Medical Consultations

- To assist and co-ordinate the pre-signing medical assessments of all Academy players and trialist as required including the writing of formalized pre-signing medical reports
- To assist the Head of Academy Medicine in escalating clinical cases for imaging and/or consultant referrals
- To accompany players to medical consultations at short notice either in this country or abroad. Ensuring best practice is followed at all times and ensuring the player receives optimal care and advice, providing clinical handovers pre and post appointment
- To assist the Academy Doctor and Academy Head of Medicine in co-ordinating the cardiac screening for the PDP squads in line with FA regulations
- To manage the FA whereabouts schedule for the PDP squads and assist with the education of players regarding their anti-doping responsibilities

Medical Provision at Matches/Training Sessions/Tours

- To provide physiotherapy match day cover for all PDP Academy games and assist other age groups when needed
- To organise and implement the medical provision for all training camps for the PDP squads as required

	<ul style="list-style-type: none"> To ensure all medical equipment and procedures are regularly reviewed and maintained at the training ground and at all training and match venues under the guidance of the Academy Head of Medicine <p>Management Responsibilities</p> <ul style="list-style-type: none"> To take an active role in all medical meetings, MDT meetings and other planning meetings To take a mentoring role within the department, working as a mentor for junior physiotherapists and being pro-active with assisting CPD for the part time physiotherapists To assist in the production of an injury audit on a monthly and annual basis for the Academy and feedback to provide accountability for the department and actively seek to follow best practice To ensure appointments are made for consultations and appropriate travel arrangements made for all Academy players as required, ensuring the 1st Team Medical Department are notified in advance to manage the Club's Health Partners insurance scheme <p>CPD</p> <ul style="list-style-type: none"> To assist with delivery and organisation of in-service training sessions in conjunction with the Academy Head of Medicine, including the creation of a CPD department pathway to ensure the on-going development of knowledge and skills To take responsibility for continued professional development to ensure regular attendance of appropriate courses, conferences and keep an up-to-date file is maintained of CPD achievements, feeding back any relevant learning points to the department <p>Professional Standards</p> <ul style="list-style-type: none"> To produce daily reports of injured development player's, ensuring all medical notes are up to date within 24 hours of treatment and in line with CSP core standards To ensure all medical documents are maintained in line with information governance principles To work with the Safeguarding team to highlight cases for attention through the appropriate channels as required and ensure all relevant training qualifications are maintained To maintain a flexible approach to work at all times, including the requirement to undertake other duties and responsibilities as required from time to time To keep confidential any information gained regarding the charity, Club and its personnel To ensure compliance with all relevant Club policies, including health and safety policies To support Nottingham Forest FC in their aims and objectives at all times To represent Nottingham Forest FC in a professional manner at all times
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<p>Skills, Knowledge & Experience</p>	<p>Essential</p> <ul style="list-style-type: none"> FA Safeguarding Children FA CRB Enhanced Disclosure BSc (Hons) Physiotherapy or higher degree Member of the Health and Care Professions Council (HCPC) Member of the Chartered Society of Physiotherapists (MCSP) Valid ITMMiF Qualification Indemnity through professional registration to £5 million liability Minimum of 2 years post qualification experience Experience of working within a multidisciplinary team Sports Medicine environment preferably with younger athletes Excellent clinical reasoning and manual therapy skills Excellent problem solving and decision-making skills Excellent range of clinical treatment skills with an emphasis on rehabilitation Excellence in the understanding and delivery of rehabilitation Medicine from plinth to pitch Management skills to manage a multidisciplinary group of part time practitioners within the Academy Medicine department Set and maintain high standards of work performance and deliver quality consistently and effectively
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	<ul style="list-style-type: none"> • A good understanding of the principles of human performance and how they relate to clinical sports medicine • A learning pathway showing the development of a strong evolving clinical paradigm in the field of Physiotherapy (minimum of 36 hours CPD annually to maintain professional registration) • Good knowledge of injury screening, diagnostics, manual therapy, injury prevention and recovery strategies • Ability to lead group sessions and deliver gym and pitch-based programmes to groups and individuals particularly to adolescents • Excellent written and verbal communication skills that are clear, engaging and responsive to convey complex information • Exceptional organisational skills with the ability to manage competing demands and deadlines • Hold a full current up to date driving licence • Proactive and engaging style with a winning attitude and can-do approach. Flexible approach and attitude to working hours • Highest standards of professionalism and personal conduct – especially around the issue of confidentiality • Long term commitment to working within a multi-disciplinary medical team • Good listener <p>Desirable</p> <ul style="list-style-type: none"> • Higher (MSc) Sports Medicine Degree • Sports Science Diploma/Degree • UKSCA/strength and conditioning qualifications • Playing experience to a high level • Valid ATMMiF Qualification
Additional Points	<ol style="list-style-type: none"> 1. You will be required to demonstrate your commitment to equality, inclusion and anti-discrimination at all times including attending relevant training as and when required 2. These roles and responsibilities are not exhaustive and will change from time to time 3. You may be asked to undertake additional duties to those above, either on a temporary or permanent basis, which the Club reasonably believes you are capable of carrying out, or for which you will be trained 4. You are required to participate in training, workshops and meetings considered relevant to your role 5. You must carry out your duties with full regard to the polices, procedures and conditions of service contained in your employment contract and employee handbook 6. You must be flexible in supporting colleagues to the overall benefit of the Club 7. You will be required to work on all Academy matchdays 8. The welfare of young people and adults at risk is paramount within our Club and the safeguarding of all children, adults, staff and visitors is everyone’s responsibility. All employees have a responsibility to act on a suspicion or disclosure that may suggest a young person or adult is at risk of harm. All employees are expected to familiarise themselves with the Club’s HR and Safeguarding policies and procedures including the Safeguarding team and how to report a concern 9. All employees are subject to Nottingham Forest’s polices, procedures and conditions of service, with reference to the Health and Safety at Work Act 1974 and you should abide by all current Health and Safety legislation 10. You are required to take reasonable care for the Health and Safety of yourself and of other persons who may be affected by your acts or omissions at work

	<p>11. You are required to report any Health and Safety problems to your manager or a member of the Health and Safety/Facilities team</p>
<p>To Apply</p>	<ul style="list-style-type: none"> • Application is via Application and Diversity form which can be found on our website and emailed to jobs@nottinghamforest.co.uk. Please state your salary expectation within your email application. <p>Due to the high volume of applications we receive daily, please state your name and the job role in the email subject bar on application as follows: NAME – JOB ROLE – APPLICATION</p> <ul style="list-style-type: none"> • Closing Date: 20th August 2022 • Interviews to be carried out w/c 22nd August 2022 • Salary: Competitive
<p>Equal Opportunities Commitment</p>	<p>Nottingham Forest Football Club is an equal opportunities employer who are passionate about creating and promoting a diverse workforce. The Club welcomes applications from all suitably qualified persons, regardless of age, disability, gender, gender reassignment, marital / civil partnership status, pregnancy / parental leave, race, religion/belief, sexual orientation, or any other legally protected characteristic.</p> <p>The welfare of young people and adults at risk is paramount within our Club and the safeguarding of all children, adults, staff, and visitors is everyone’s responsibility. All staff have a responsibility to act on a suspicion or disclosure that may suggest a young person or adult is at risk of harm. All staff are expected to familiarise themselves with the Club’s HR and Safeguarding policies and procedures including the Safeguarding team and how to report a concern.</p> <p>We make recruiting decisions based on your experience, qualifications, and skills alone.</p>