

ACADEMY U7s-U16s THERAPIST

Salary: Competitive – please state your expectations on application

Hours: Full time, 37.5 hours per week, any 5 out of 7 days, including home and away Academy match days.

Location: The Training Ground, Nottingham, NG2

Key Tasks and Responsibilities

Reporting to the Head of Academy Medicine, this post is open to qualified physiotherapists, sports therapists and graduate sports rehabilitators and is expected to involve contributing significantly to both the Medical and Sports Science departments to optimise the availability and enhance the long-term athletic development of Nottingham Forest Academy players through optimal service provision in the medical department. The role will require the individual to assist in the medical management, co-ordination and supervision of the U7s-U16s players, alongside U7s-U16s Physiotherapist and Academy Head of Medicine, including all aspects of medical screening, injury assessment, diagnosis, management and prevention strategies in line with evidence-based practice. To assist the Academy Head of Medicine in the management of part-time members of staff and organisation of medical and rehab provision.

Management of Injuries:

- To co-ordinate and delivery physiotherapy services for the U7s-U16s age groups
- To lead on the treatment and management of injuries sustained to all players in the U9s-U16s, working closely with the performance staff to co-ordinate and deliver evidence and performance-based rehab programmes
- To standardise the management of injuries by assisting in the development and structure of injury rehabilitation protocols and philosophy
- To monitor the effectiveness of injury management principles through clinical injury audits and training availability
- To ensure effective, appropriate and thorough communication of injury updates are provided to the player, coaching staff and other relevant staff members
- To assist the Academy Head of Medicine and Academy physiotherapist in the provision of physiotherapy services across all age groups and to oversee the use of part time physiotherapists and sports therapists in their provision of medical care to all players in the Academy

Injury Prevention:

- To provide musculoskeletal screening/profiling for all Academy players and integrate this with the Club medical records
- To lead the musculoskeletal screening/profiling for all U9s-U16s players and assist with the process for all Academy players and integrate this with the Club medical records
- To work alongside the performance staff in order to deliver individualised effective injury prevention strategies in both individual and group sessions
- To liaise effectively with the Academy coaching staff on a daily basis in order to keep them informed of players' availability for Academy matches and training
- To work alongside the performance staff in order to deliver first class recovery and injury prevention strategies to all players both immediately after games and on recovery days
- To ensure all players are educated on the importance of recovery, health and athletic development

Pre-Signing Medicals & Medical Consultations:

- To assist and co-ordinate the pre-signing medical assessments of all Academy players and trialists as required including the writing of formalised pre-signing medical reports
- To assist the Head of Academy Medicine in escalating clinical cases for imaging and/or consultant referrals
- To accompany players to medical consultations at short notice either in this country or abroad. Ensuring best practice is followed at all times and ensuring the player receives optimal care and advice, providing clinical handovers pre and post appointment
- To assist the Academy Doctor and Academy Head of Medicine in co-ordinating the cardiac screening for the U15s squad in line with FA regulations

Medical Provision at Matches/Training Sessions/Tours:

- To co-ordinate and provide emergency match day cover for all U7s-U16s Academy games and assist other age groups when needed
- To organise and implement the medical provision for all training camps for the U7s-U16s squad as required
- To ensure all medical equipment and procedures are regularly reviewed and maintained at the training ground and at all training and match venues under the guidance of the Academy Head of Medicine

Management Responsibilities:

- To take an active role in all medical meetings, MDT meetings and other planning meetings
- To take a mentoring role within the department, working as a mentor for part-time medical staff and being pro-active with assisting CPD for the part time medical staff
- To manage the rota for medical provision for part time medical staff
- To assist in the production of an injury audit on a monthly and annual basis for the Academy and feedback to provide accountability for the department and actively seek to follow best practice
- To ensure appointments are made for consultations and appropriate travel arrangements made for all Academy players as required, ensuring the 1st Team Medical Department are notified in advance to manage the Club's Health Partners insurance scheme

CPD:

- To assist with delivery and organisation of in-service training sessions in conjunction with the Academy Head of Medicine, including the creation of a CPD department pathway to ensure the on-going development of knowledge and skills
- To take responsibility for continued professional development to ensure regular attendance of appropriate courses, conferences and keep an up to date file is maintained of CPD achievements, feeding back any relevant learning points to the department

Professional Standards:

- To produce daily reports of injured development player's, ensuring all medical notes are up to date within 24 hours of treatment and in line with CSP core standards
- To ensure all medical documents are maintained in line with information governance principles
- To work with the Safeguarding team to highlight cases for attention through the appropriate channels as required and ensure all relevant training qualifications are maintained
- To maintain a flexible approach to work at all times, including the requirement to undertake other duties and responsibilities as required from time to time
- To keep confidential any information gained regarding the charity, Club and its personnel
- To ensure compliance with all relevant Club policies, including healthy and safety policies
- To support Nottingham Forest FC in their aims and objectives at all times
- To represent Nottingham Forest FC in a professional manner at all times

Required Qualifications and Experience:

Essential:

- Qualified Therapist with appropriate governing body registration (HCPC/CSP/BASRAT/MSST)
- ITMMiF qualification or equivalent
- Safeguarding children certificate
- DBS check with children's barred list check
- UK driving license
- Experience of working in a football Academy
- Experience of working in a multi-disciplinary team to support player development
- Understands the current Academy system and professional football culture and landscape
- Possesses an applied knowledge of EPPP standards and working practices
- Understands how a long-term, holistic development programme is structured
- Understands the function of each facet in a multi-disciplinary team in an Academy
- Possesses a demonstrable knowledge of health and safety policy and best practice
- Possesses a demonstrable knowledge of safeguarding policy and best practice

- Possesses a strong awareness of equality, diversity and inclusion

Desirable:

- ATMMiF qualification or equivalent
- MSc in relevant field
- FT experience working in sport
- UKSCA/strength and conditioning qualifications
- Previous playing experience

If you are excited at the thought of joining our amazing team at Nottingham Forest, our application process is via our Application and Diversity forms which can be found on our website and emailed to jobs@nottinghamforest.co.uk. Along with a copy of your CV.

Due to the high volume of applications we receive daily, **please state your name and the job role in the email subject bar on application as follows: NAME – JOB ROLE – APPLICATION**

- **Closing Date: 17th March 2023**
- Interviews to be carried out w/c **24th March 2023**

Nottingham Forest Football Club is an equal opportunities employer and welcomes applications from all suitably qualified persons, regardless of age, disability, gender, gender reassignment, marital / civil partnership status, pregnancy / maternity leave, race, religion/belief, sexual orientation, or any other legally protected characteristic.