

JOB OPPORTUNITY – SESSIONAL ACADEMY PHYSIOTHERAPIST/SPORTS THERAPIST

Reporting to the Head of Academy Sports Science and Medicine, you will be responsible for the provision of injury reduction strategies and the treatment/rehabilitation of injured Academy players during evening clinics and providing first aid cover at Academy matches and training as requested.

This post is expected to involve contributing significantly to both the Medical and Sports Science departments to optimise the availability and enhance the long-term athletic development of Nottingham Forest Academy players through the provision of football's best science and medicine services. There is also an expectation to be involved in the medical screening and health/medical education programmes for this group of players.

It is also essential to contribute to the achievement of the aims and objectives of the Academy Medical and Sports Science department through the delivery of best practice, and where possible, evidence-based physiotherapy and sports science.

Key Tasks & Responsibilities

- To assist the Academy Head of Medicine in delivering the development of all sports science, strength and conditioning and medical/health related matters relating to Academy players (7-16 year age range). It is expected that this delivery is through high professional standards of clinical Physiotherapy practice within the Medical and Sports Science Departments.
- To assist in the development of evidence-based protocols for all areas of Physiotherapy and Sports Science within the Academy. There is an expectation to use all available resources including the latest research and collaboration with clinical specialists.
- To lead and contribute fully within the Academy CPD programme of the department, through both participation and delivery of material.
- To actively be involved in an interdisciplinary approach of working within the department that includes close links to all areas of the Club.
- To maintain all legal and professional qualifications in relation to the position within the Club.
- To create relationships with players, their parents and coaches to support injury rehabilitation needs.
- To assist in the maintenance and security of the medical records for Academy players.
- To observe, monitor and react to the ever-evolving world of Sports Medicine, keeping up to date with all current research developments and changes in professional regulations. Study leave will be considered on a case-by-case basis to help achieve this requirement as long as not to the detriment of the overall service.
- To ensure the latest clinical, scientific and technical innovations to practice are incorporated into maintaining the highest level of care.
- As part of the Sports Medicine Department to provide emergency aid cover for both training sessions and Academy matches. To maintain a minimum of an up-to-date ITMMiF accreditation (ideally ATMMiF) to meet all legal requirements for this specific part of the role.
- To attend and professionally engage in the internal emergency aid training programme.
- To be responsible for accompanying teams on match days as required.
- To maintain detailed records for all activities in the department in accordance with relevant legislation, policies and procedures.
- To assist in the implementation of the department injury prevention protocols through assessment, analysis, delivery and auditing of collected data.
- To fulfil the role of a Chartered Physiotherapist in the assessment, diagnosis and rehabilitation of all injuries and lead your own professional development.
- To maintain medical confidentiality within the scope of practice at all times.
- To assist the Academy Head of Medicine in co-ordinating training and match first aid cover for the 7-16 age group.

	<ul style="list-style-type: none"> • To help organise and deliver medical/health education programmes for training of Academy staff and players. • To work in close conjunction with the Academy Physiotherapists to ensure all requirements of the EPPP and Audit process that are relevant to the role are carried out at the appropriate time. • To maintain professional distance from playing staff at all times. • To act, at all times, in a manner appropriate to a representative of Nottingham Forest FC.
Skills, Knowledge & Experience	<p><u>Essential</u></p> <ul style="list-style-type: none"> • BSc (Hons) Physiotherapy, Sports Therapy or equivalent • Valid ITMMiF Qualification (preferably ATMMiF) • Indemnity through professional registration • Minimum of 1 year post qualification experience • Experience of working within a multidisciplinary team within a Sports Medicine environment preferably with younger athletes • Excellent clinical reasoning and manual therapy skills • Excellent problem solving and decision making skills • Excellent range of clinical treatment skills with an emphasis on rehabilitation • Excellence in the understanding and delivery of rehabilitation medicine from plinth to pitch • Set and maintain high standards of work performance and deliver quality consistently and effectively • A good understanding of the principles of human performance and how they relate to clinical sports medicine • A learning pathway showing the development of a strong evolving clinical paradigm in the field of Sports Medicine (minimum of 36 hours CPD annually to maintain professional registration) • Good knowledge of injury screening, diagnostics, manual therapy, injury prevention and recovery strategies • Ability to lead group sessions and deliver gym and pitch-based programmes to groups and individuals particularly to adolescents • Excellent written and verbal communication skills that are clear, engaging and responsive to convey complex information • Exceptional organisational skills with the ability to manage competing demands and deadlines • Hold a full current up to sate driving license <p><u>Desirable</u></p> <ul style="list-style-type: none"> • Higher (MSc) Sports Medicine Degree • Member of the Health and Care Professions Council (HCPC) • Member of the Chartered Society of Physiotherapists (CSP) • Playing experience to a high level • First aid experience preferably ATMMiF including knowledge of defibrillation techniques
Other	<ul style="list-style-type: none"> • Proactive and engaging style with a winning attitude and can-do approach. Flexible approach and attitude to working hours • Highest standards of professional and personal conduct – especially around the issue of confidentiality • Long term commitment to working within a multi-disciplinary medical team • Good listener
To Apply	<ul style="list-style-type: none"> • Application is via CV with a one page covering letter to jobs@nottinghamforest.co.uk

Due to the high volume of applications we receive daily, **please state your name and the job role in the email subject bar on application as follows: NAME – JOB ROLE – APPLICATION**

- **Closing Date: 30th November 2021**
- Salary: Competitive

Equal Opportunities Commitment

Nottingham Forest Football Club is an equal opportunities employer who are passionate about creating and promoting a diverse workforce. The Club welcomes applications from all suitably qualified persons, regardless of age, disability, gender, gender reassignment, marital / civil partnership status, pregnancy / parental leave, race, religion/belief, sexual orientation, or any other legally protected characteristic.

The welfare of young people and adults at risk is paramount within our Club and the safeguarding of all children, adults, staff, and visitors is everyone’s responsibility. All staff have a responsibility to act on a suspicion or disclosure that may suggest a young person or adult is at risk of harm. All staff are expected to familiarise themselves with the Club’s HR and Safeguarding policies and procedures including the Safeguarding team and how to report a concern.

We make recruiting decisions based on your experience, qualifications, and skills alone.