

# JOB DESCRIPTION

<b>Job Title:</b> Academy Lead Physiotherapist	<b>Current Job Holders:</b>
<b>Department:</b> Academy	<b>Effective Date:</b> May 2021
<b>Location:</b> The Brache Training Ground, Luton	<b>Role Type:</b> Employee

## **JOB PURPOSE**

The purpose of the role is to be responsible for the daily treatment of injuries to Academy players and develop and lead the Academy Medical department in line with the Club’s overall strategy for developing elite players in line with the EPPP

## **KEY RESPONSIBILITIES**

- To Implementation of Sport Science and Medicine strategy across all the development phases.
- Assessment and management of injuries and illnesses to all our Academy Players, including relevant referral to internal and external health professionals.
- Management, design, and implementation (in liaison with Academy Head of Sport Science and Medicine) of the medical, orthopaedic and movement screening programmes for U18 players.
- Conduct appropriate screening of trialists to assist with recruitment.
- Design and dissemination of individual injury prevention programmes.
- The delivery of individual and group prehabilitation services to our Academy players.
- Provision of medical cover for training and match day for U9-U23 fixtures.
- Observation of other Academy medical members of staff, Academy Graduate Physiotherapists, part time Physiotherapists and Physiotherapy Interns, to provide guidance.
- Contribution to the player performance reviews within the PMA.
- Accurate recording of all injuries on the Medical Injury Database and Academy Online Management Tool. To ensure that medical notes are complete and confidential.
- Maintain a comprehensive database of work conducted with athletes and coaches on the PMA and One Drive. To include current medical status, medical notes, rehabilitation and prehabilitation programmes, medical/orthopaedic/movement screen results, individual physical targets and session content and attendance.
- Collate, analyse, and feedback relevant medical information to the appropriate Club staff for all Academy players. This is to include updates on injured players, rehabilitation programmes, return to train/play dates and injury audits (but must respect and abide by medical confidentiality laws).
- Work effectively with other support staff and services, including doctors/sport science services, to provide an integrated approach to performance enhancement.
- Attendance at all team meetings and active inclusion in discussions.
- Design and implementation (in liaison with Head of Sport Science and Medicine) of an Emergency Action Plan for each site that training/matches occur (where we are the “home” team).
- Identify areas for development and work closely with the Academy Management Team, Multidisciplinary Teams to ensure necessary performance standards are met and developed.

- Be part of the Academy Management Team (AMT).

### **Health & Safety:**

#### Employee requirements:

- Maintain up to date knowledge of Health & Safety related guidance and processes within your role and in line with the Club's Health & Safety Policy.
- Consider the Health & Safety implications of all actions and inaction within your role.
- Support and uphold agreed standards for Health & Safety compliance, including assisting in accident, dangerous occurrence and near miss investigations within your role.
- Follow and adhere to; safe management systems and working practices in line with the Club's Health & Safety Policy.
- Ensure you have been briefed and are confident in using any equipment prior to use and seek guidance from your line manager as required.
- Regularly review risk assessments, safe working, and management systems associated with your role.
- Liaise regularly with the Club's appointed Health & Safety representatives to support and maintain compliance
- Maintain records of all Health & Safety issues within your role and area of responsibility.

## **MAIN JOB REQUIREMENTS AND PERSON SPECIFICATION**

### **Education/Qualifications/Training:**

- **Essentials**
  - BSc (Hons) Degree in Physiotherapy
  - CSP Member
  - HCPC registered
  - FA Advanced Trauma and medical Management in Football (ATMMiF)
  - A high level of knowledge of the Academy PMA system
  - Valid FA Safeguarding Children Certificate – the Club will support the attainment of this
  - Full UK Driving Licence
  - Knowledge of the EPPP
  - Understanding of Academy categorisation audits
  - Valid enhanced CRC check – the Club will support the attainment of this
- **Desirables**
  - FA Psychology Awards
  - MIDAS minibus driving license

### **Specific Experience:**

- Committed, enthusiastic and passionate about the development of medical staff in all three phases of the Academy (FP, YDP, and PDP).
- Knowledge of musculoskeletal assessment and rehabilitation of elite level paediatric athletes
- Ability to analyse and interpret movement patterns and posture
- Able to communicate effectively with players, parents and fellow staff members at all levels.
- Build relationships throughout the Academy and broader areas of the club.

**Abilities/Skills/Knowledge:**

- Ability to work as part of a team as well as using one's own initiative in developing staff.
- Strong IT skills with the ability to use e-mail, word and video technology to a high standard.
- Able to adapt to the demands of the job and needs of the players / coaches.
- Focused on achieving Club, departmental and individual success
- Be an ambassador for the Club presenting the Club in a positive image at all times.

**Additional Information:**

- This a Full-Time role
- Applicants must be eligible to live and work in the UK

**SAFEGUARDING STATEMENT**

The Club is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff and volunteers to share this commitment.

The Club has systems in place to ensure that the welfare of vulnerable groups is dealt with appropriately and sensitively. Everyone working at the Club has a duty of care to safeguard the welfare of children and young people by creating an environment that protects them from harm. Our standards of practice ensure all staff are fully aware and understand their responsibilities under safeguarding legislation and statutory guidance.

The Club ensures that all staff that have a direct responsibility for children, young people or vulnerable adults, have been subject to the most stringent of recruitment practices which include Criminal Record Checks and reference checks. These staff are alert to signs of abuse or maltreatment and will refer concerns to the relevant Designated Safeguarding Officers using the agreed safeguarding procedures.

**EQUALITY STATEMENT**

The individual must at all times, carry out their duties with due regard to the Clubs policies and procedures and in particular the Club's Equality, Diversity and Inclusion Policy.

The individual must ensure a positive commitment towards equality and diversity by treating others fairly and not committing any form of direct or indirect discrimination, victimisation, or harassment of any description and to promote positive working relationships between all internal and external stakeholders. The individual must contribute to encouraging equality and respecting diversity by embedding such values in the workplace and challenging inappropriate behaviour and processes.