



JOB DESCRIPTION – ACADEMY LEAD PHYSIOTHERAPIST

- 1. JOB TITLE** Academy Lead Physiotherapist
- Responsible to: Head of Sports Science & Medicine
- Responsible for: Overseeing the medical provision of The Academy

2. MAIN PURPOSE

Be responsible for the daily treatment of injuries to Academy players and develop and lead the Academy Medical department in line with the Club's overall strategy for developing elite players in line with the EPPP

3. RESPONSIBILITIES

3.1 Specific Responsibilities

- Implementation of Sport Science and Medicine strategy across all the development phases.
- Assessment and management of injuries and illnesses to all our Academy Players, including relevant referral to internal and external health professionals.
- Management, design, and implementation (in liaison with First-Team Head of Sport Science and Medicine) of the medical, orthopaedic and movement screening programmes for U18 players.
- Conduct appropriate screening of trialists to assist with recruitment.
- Design and dissemination of individual injury prevention programmes.
- The delivery of individual and group prehabilitation services to our Academy players.
- Provision of medical cover for training and match day for U9-U23 fixtures.
- Observation of other Academy medical members of staff, Academy Graduate Physiotherapists, part time Physiotherapists and Physiotherapy Interns, to provide guidance.
- Contribution to the player performance reviews within the PMA.
- Accurate recording of all injuries on the Medical Injury Database and Academy Online Management Tool. To ensure that medical notes are complete and confidential.
- Maintain a comprehensive database of work conducted with athletes and coaches on the PMA and One Drive. To include current medical status, medical notes, rehabilitation and prehabilitation programmes, medical/orthopaedic/movement screen results, individual physical targets and session content and attendance.
- Collate, analyse, and feedback relevant medical information to the appropriate Club staff for all Academy players. This is to include updates on injured players, rehabilitation programmes, return to train/play dates and injury audits (but must respect and abide by medical confidentiality laws).

- Work effectively with other support staff and services, including doctors/sport science services, to provide an integrated approach to performance enhancement.
- Attendance at all team meetings and active inclusion in discussions.
- Design and implementation (in liaison with Head of Sport Science and Medicine) of an Emergency Action Plan for each site that training/matches occur (where we are the “home” team).
- Identify areas for development and work closely with the Academy Management Team, Multidisciplinary Teams to ensure necessary performance standards are met and developed.
- Be part of the Academy Management Team (AMT).

3.2 Health & Safety

- Lead by example being diligent and observant at all times.
- Ensure safety and risks are considered at all times.

4. QUALIFICATIONS

4.1 Essentials

- BSc (Hons) Degree in Physiotherapy
- CSP Member
- HCPC registered
- FA Intermediate Trauma and medical Management in Football (ITMMiF)
- A high level of knowledge of the Academy PMA system
- Valid FA Safeguarding Children Certificate – the Club will support the attainment of this
- Full UK Driving Licence
- Knowledge of the EPPP
- Understanding of Academy categorisation audits
- Valid enhanced CRC check – the Club will support the attainment of this

4.2 Desirables

- FA Advanced Trauma and medical Management in Football (ATMMiF)
- FA Psychology Awards
- MIDAS minibus driving license

5. PERSON SPECIFICATION

- Committed, enthusiastic and passionate about the development of medical staff in all three phases of the Academy (FP, YDP, and PDP).
- Ability to work as part of a team as well as using one’s own initiative in developing staff.
- Knowledge of musculoskeletal assessment and rehabilitation of elite level paediatric athletes
- Ability to analyse and interpret movement patterns and posture
- Build relationships throughout the Academy and broader areas of the club.
- Able to communicate effectively with players, parents and fellow staff members at all levels.
- Strong IT skills with the ability to use e-mail, word and video technology to a high standard.
- Able to adapt to the demands of the job and needs of the players / coaches.

- Undertake self-development to ensure knowledge in relation to all aspects of coaching and coach development is up-to-date and forward thinking.
- Willing to follow and promote the culture and philosophy of the football club.
- Be an ambassador for Luton Town Football Club presenting the club in a positive image at all times.

6. SAFEGUARDING STATEMENT

Safeguarding Statement

Luton Town FC is committed to safeguarding the welfare of children and young people and expects all employees and volunteers to endorse this commitment. This post requires Enhanced Criminal Records Checks and may include checks against the Barred Lists, as such it is exempt from Rehabilitation of Offenders Act (1974). Therefore, all convictions including spent convictions that have not been subject to filtering by the DBS should be declared. Relevant information and / or documents will be distributed as part of the recruitment process.

7. EQUALITY STATEMENT

The employee must at all time carry out their duties with due regard to Luton Town FC policies and procedures.

The employee must ensure a positive commitment towards equality and diversity by treating others fairly and not committing any form of direct or indirect discrimination, victimisation or harassment of any description and to promote positive working relationships between all internal and external stakeholders.

The employee must contribute to encouraging equality and respecting diversity by embedding such values in the workplace and challenging inappropriate behaviour and processes.