



## Carlisle United

**Position** – First Team Physiotherapist (Full Time)

Carlisle United Football Club are looking to recruit a highly motivated individual to work with our First Team Management and Players. The role will be based at the Club's main ground, Brunton Park, but may on occasions be based at other training venues within Cumbria. Hours will be based around the weekly training schedule and fixtures, but will involve working evenings, weekends and match days so a flexible work approach is required.

### **Main roles and responsibilities –**

The successful candidate will provide the highest standard of physiotherapy services to the first team players ensuring the delivery of accurate and effective assessments and diagnosis of injuries.

- Implement injury prevention strategies in conjunction with other medical staff
- Pre training management of players including strapping and taping and administration of treatment as required
- Close liaison with the Club Doctor, Strength & Conditioning Coach and other members of the multidisciplinary team to optimise player medical care and performance.
- Delivery of individual and squad-based injury prevention programmes based on screening, past medical history and injury trends.
- The examination and assessment of all new players prior to signing for the club.
- Implementing strategies to maximising player performance on the football field from a medical perspective.
- Reporting of all injuries to the First Team Manager and provide updates on all player's rehabilitation progress.
- Arrange consultations with medical personnel and any relevant investigation related to an injury e.g. MRI scan, X-ray appointments and coordinate any other forms of specialist treatments.
- Complete comprehensive, accurate, reliable and confidential medical records for all professional players.
- Coordinate, manage and mentor other medical and fitness staff.
- Provide medical cover for all first team matches and training sessions ensuring coordination of a 7 day a week treatment and rehabilitation service.
- Manage and submit weekly doping control schedules ensuring compliance is met at all times
- Be involved in clinical governance and maintain professional registration.
- Complete all administrative tasks relevant to your role.

## **Essential qualifications**

- BSc (hons) in Physiotherapy
- A member of The Health and Care Professions Council
- ATMMiF
- DBS Clearance
- Experience of working within an elite Sporting environment
- Valid Driving Licence
- Excellent Communication, Organisational and Management skills

## **Desirable attributes**

- An understanding of sports science and medicine
- Up to date understanding of evidence based medicine
- Working towards or have Msc in a relevant subject

The position is salaried and will be dependent upon experience.

Carlisle United Football Club is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment. This role may involve working with U18's and as such is subject to Enhanced Criminal Records Bureau (CRB) checks. Clearance through the FACRB system is required before any employee may commence employment. As such this post is exempt from the Rehabilitation of Offenders Act (1974) and the postholder applicant must disclose all previous convictions including spent convictions.

## **How to apply –**

Please send a covering letter and your CV for the attention of Sarah McKnight, Club Secretary, by email to [Sarah.McKnight@carlisleunited.co.uk](mailto:Sarah.McKnight@carlisleunited.co.uk) or by post to Carlisle United FC, Brunton Park, Warwick Road, Carlisle CA1 1LL.

Closing date is 21<sup>st</sup> November 2022