



## Bristol Rovers Football Club Job Description

<b>Job Title:</b>	Academy Head of Athletic Development
<b>Line Manager:</b>	Academy Manager
<b>Hrs / Salary</b>	Full time / Based on experience
<b>Overall Purpose of Job:</b>	
<p>The Academy Head of Athletic Development is a multi-skilled role that requires an experienced person with a sound understanding and awareness of physical development of players between (u9-u18s) and will combined strength &amp; conditioning, sport science and nutrition. The Academy Head of Athletic Development is required to work closely with key stakeholders, both internally and externally, to drive forward the Academy and Club's aspirations to physically prepare academy players for first team football.</p> <p>The post holder will lead the Academy's physical development curriculum and play a pivotal role in preparing the players in each phase with what they need as individuals to support the transition through the academy, whilst being in regular consultation with the Academy Manager.</p>	
<b>Main Responsibilities</b>	
<ul style="list-style-type: none"> <li>● Manage, develop and oversee the academy athletic development curriculum (U9-U18s).</li> <li>● Work alongside the heads of departments, to challenge the individuals within, and the processes performed.</li> <li>● Collaborate with other senior management to ensure we are driving the Academy's overarching aims.</li> <li>● Unite specialist departments into a cohesive team that share a clear objective.</li> <li>● Manage and provide a support structure to staff within the department.</li> <li>● Develop and maintain working relationships with local university.</li> <li>● Create, develop and manage the academy internship structure with local university students.</li> <li>● Oversee the development for the academy performance interns.</li> <li>● Develop the gym and field based testing processes and the way the data is implemented.</li> <li>● Full time management of the u18s squad physical development (Gym &amp; field)</li> <li>● Program, lead and coach the strength and conditioning sessions of the U18s, which includes mobility, strength, power, speed and movement competency.</li> <li>● Lead and develop the monitoring and physical periodization of the U18s.</li> <li>● Lead U18s match day support that includes warm up and cool downs.</li> <li>● Plan and coach warm up sessions which align with the technical and physical theme of the day.</li> <li>● Complete daily PMA records.</li> <li>● Take part in external and internal CPD, and contribute to the evolution of the current program.</li> <li>● Follow all Club Policies, such as Equality &amp; Diversity, Health &amp; Safety, Safeguarding, Anti-Corruption &amp; Bribery and GDPR.</li> <li>● Make suggestions to improve the working environment and contribute to positive employee relations within your area of work and Bristol Rovers Football Club as a whole.</li> <li>● To take reasonable care for the health and safety of yourself and other employees and members of the public who may be affected by your acts or omissions at work.</li> <li>● To comply with all aspects of the Bristol Rovers Football Club Health and Safety Policy and Arrangements, to enable the Company to perform its civil and statutory obligations in relation to Health &amp; Safety.</li> <li>● Ensure effective communication within your work team and across Bristol Rovers whilst actively offering support and guidance as necessary.</li> </ul>	

## Experience/Qualifications/Training

### Essential:

- Minimum 3 years full time experience working at an academy.
- Degree qualified in strength & conditioning and or sport science
- Experience with GPS data recording, working with u18s Lead Coach to periodise the working week for individuals to maximise conditioning.
- Experience of strength & conditioning and developing individual gym programmes both in season and out of season.
- Nutrition support to Academy players with individual plans as well as parent / guardian / host family education to support players across academy.
- Professionally robust with the drive and enthusiasm to set high standards and drive the Academy forwards
- Excellent organisational and time management skills
- To able to work reactively as well as proactively
- Excellent communication skills, both written and verbally, able to communicate
- Able to strike up and develop a good working relationships with Academy, scholars, parents and other key contacts across the business
- Sound IT knowledge including Word, Excel and Powerpoint, keynote
- Inquisitive nature and able to keep on top of evolving policies and processes relating to Academy, EFL, LFE, EPPP and other compulsory bodies to ensure awareness of policies and processes
- Motivated, passionate about working in an Academy, with a 'can do' and flexible approach to work and working hours
- Satisfactory Enhanced CRB and DBS disclosure Motivated and driven individual committed to the club
- Hold a full UK driver's licence

### Desirable:

- Extensive knowledge and understanding of the EPPP process.
- UEFA A Licence
- Category 1 experience as a strength & conditioning coach
- Masters Degree

### HOW TO APPLY

If you wish to apply for this role please submit a CV and covering letter

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Closing date 12/08/22

Bristol Rovers Football Club is an equal opportunity employer, and is committed to ensuring equal opportunities, fairness of treatment, dignity, work life balance and the elimination of all forms of

discrimination in the workplace for all staff and job applicants. We aim to create a working environment in which all individuals are able to make best use of their skills, free from discrimination or harassments and in which all decisions are based on merit.

It is the Club's policy to treat all workers and job applicants equally and fairly irrespective of their sex, marital status, civil partnership status, trans-gender status, sexual orientation, race, colour, nationality, ethnic origin, national origin, culture, religion, age or disability

Bristol Rovers Football Club is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. This role involves the supervision of and working with children and young people. As the role is exempt from the Rehabilitation of Offenders Act 1974, the applicant must disclose all previous convictions including spent convictions.