



Blackburn Rovers Football & Athletic Ltd

Job Description

Job title:	Head of Athletic Performance
Department:	Senior Athletic Performance
Based at:	Blackburn Rovers Senior Training Centre, Brockhall Village, Old Langho, Blackburn, BB6 8FA. Flexibility regarding location is required.
Reports to:	Head of Football Operations / First Team Manager
Responsible for:	Senior Athletic Performance staff
Hours of work:	40 hours per week plus any additional hours necessary for the performance of duties. This will include regular evening and weekend work.
Contractual status:	Permanent
1. Job purpose:	To manage and lead the Senior Athletic Performance Department ensuring all players are optimally prepared for match play and continuously developing their physicality wherever necessary.
2. Duties and responsibilities:	<ul style="list-style-type: none"> To be committed to ensuring the safeguarding and welfare of all elite players, promoting their well-being whilst maintaining professional boundaries; To report to the First Team Manager, CEO and Head of Football Operations on a regular basis regarding player development, physical level, preparation and attitude of all first team and U23 players; To devise effective training plans that meet the goal of optimally preparing each player physically; Guide the department strategy in terms of developing player's physicality; Be the source of communication to other departments (management, coaching, analysis, medical) to ensure department goals are clear and aligned; Ensure that the department's strategies with regards to nutrition, training methods and monitoring are up to date, innovative and effective; Provide the manager/coaching department with feedback on player's physical level, preparation and attitude; Structure and deliver rehabilitation in consultation with the medical department; Work alongside the Head of Medical Services to ensure a logical and consistent development pathway for all U18 players into the U23 development phase; Drive the department progression by proactively researching new and innovative processes to improve athletic development; and Any other duties as reasonably assigned by the First Team Manager, CEO or Head of Football Operations.
3. Skills required:	<ul style="list-style-type: none"> Ability to use a range of Microsoft or similar software packages to effectively log, process and report information; Ability to use a variety of physical testing technologies; Ability to effectively communicate information related to individual athletic performance to a wide variety of staff (medics, coaches, players etc.); Ability to meet specific deadlines and work in a high-pressure environment; Ability to self-manage and show initiative;



Blackburn Rovers Football & Athletic Ltd

Job Description

	<ul style="list-style-type: none">• Effective ability to deal with sensitive and confidential information;• Ability to work as part of an efficient and productive team; and• The ability to manage and motivate the Senior Athletic Performance Department.
4. Knowledge required:	<ul style="list-style-type: none">• Knowledge of scientific principles that underpin effective training program design, evaluation and monitoring;• Knowledge and awareness of company safeguarding procedures and protocols; and• Knowledge of effective athletic nutritional practices.
5. Qualifications required:	<ul style="list-style-type: none">• BSc in Sport Science or related field (Essential); and• MSc in Sport Science or related field (Essential)
DBS check required:	Yes (enhanced)

The document is a guide only and should not be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of changing needs of the organisation.

How to Apply

Due to high-levels of interest, this post may close early so early application is advised, otherwise the closing date for this role is **5:00pm on Tuesday 17th May 2022**. To apply, please email your application form and covering letter to recruitment@rovers.co.uk. CV's will not be accepted.

Equality and Diversity

Blackburn Rovers FC is committed to the principle of equal opportunity in employment and its employment policies for recruitment, selection, training, development and promotion are designed to ensure that no job applicant or employee receives less favourable treatment on the grounds of race, colour, nationality, religion or belief, sex, sexual orientation, marital status, age, ethnic and national origin, disability or gender reassignment.

Safer Recruitment

Blackburn Rovers FC is committed to safeguarding and promoting the welfare of children, young people and adults at risk. The job holder will be required to undertake appropriate safeguarding checks as well as providing proof of right to work in the UK.