

JOB ADVERT

Job Title:	U23s Academy Physiotherapist
Department:	Academy – Sports Science & Medicine
Location:	Trillion Trophy Training Centre, Redhill Road, Birmingham, B38 9EJ
Hours of work:	37.5hrs per week (may include evenings and weekends) All matchdays (home and away)
Salary:	Competitive
Application Closing Date:	30/06/19

A fantastic opportunity has arisen for an U23s Academy Physiotherapist to join the Academy department.

The main responsibilities of the role include:

- Communicate and promote the Academy culture creating an elite environment for the development of young players.
- Have consistently high standards.
- Communicate and engage with staff/players/parents/guardians where appropriate.
- Attend all club and departmental professional development events.
- Actively engage in a fully functioning competency framework and integrated appraisal process.
- Monitor the wellbeing of Academy players at all times liaising with the Safeguarding Services Manager.
- Ensure compliance with all the Policies and Procedures contained within the Staff Handbook, paying particular regard to the Equal Opportunities Policy and Health & Safety Policy and procedures at all times.
- To ensure that medical notes are confidential as well as completed and uploaded to the PMA system within 24 hours.
- Assessment and management of injuries and illnesses to the U23s squad, including relevant referral to internal and external health professionals.
- Accurate recording of all injuries on the PMA system.
- Maintain a comprehensive database of work conducted with athletes and coaches on the PMA and One Drive. To include current medical status, medical notes, rehabilitation and prehabilitation programmes, medical/orthopaedic/movement screen results, individual physical targets and session content and attendance.
- Management, design and implementation (in liaison with Head of Sport Science and Medicine) of the medical, orthopaedic and movement screening programmes for U23 players.
- Collate, analyse and feedback relevant medical information to the appropriate Club staff for all U23 players. This is to include updates on injured players, rehabilitation programmes, return to train/play dates and injury audits (but must respect and abide by medical confidentiality laws).
- The delivery of warm up and cool down elements within the match day and coaching programme, as required, in relation to the syllabus identified in the Sport Science and Medicine strategy.
- Assist with the delivery of individual and group strength and conditioning services to our U23 players, as necessary.



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- Design and dissemination of individual injury minimisation programmes.
- Liaison with the Academy recruitment staff concerning appropriate medical information and consents for all U23 trialists.
- Conduct appropriate screening of trialists to assist with recruitment.
- Provision of medical cover for training and match day fixtures for our U23 squad.
- Contribution to the player performance reviews within the PMA.
- Work effectively with other support staff and services, including doctors/sport science services, to provide an integrated approach to performance enhancement.
- Attendance at all team meetings and active inclusion in discussions.
- Design and implementation (in liaison with Head of Sport Science and Medicine) of an Emergency Action Plan for each site that training/matches occur (where we are the “home” team).
- Identify areas for development and work closely with the Academy Management Team, Sports Science & Medical Team & Multi-Disciplinary Teams to ensure necessary performance standards are met and developed.
- Lead on the management of injuries for U23 players, in liaison with the Head of Academy Sport Science and Medicine, and 1st team physiotherapists. Contribute to and monitor the management of the injuries to the U9-U18s players, where necessary.
- Assist the Head of Academy Sport Science and Medicine with the recruitment of physiotherapy work placement students and part time physiotherapists, where necessary.
- Observation of the junior members of staff, academy graduate physiotherapist, part time physiotherapists and physiotherapy work placement students, to provide guidance.
- Delivery of at least one internal professional development event for the medical department, one for the part time medical staff and one for the multidisciplinary team.
- Attend all club and departmental CPD events.

Person Specification

Essential Qualifications:

- BSc in Physiotherapy.
- Member of Chartered Society of Physiotherapy.
- HCPC registered Physiotherapist.

Essential Skills and Abilities:

- Excellent verbal and written communication.
- Knowledge of musculoskeletal assessment and rehabilitation of elite level athletes (pediatrics & adult).
- Ability to analyse and interpret movement patterns and posture.
- Experience and understanding of injury minimisation strategies.

Desirable Skills and Abilities:

- Understanding of the Elite Player Performance Plan and the PMA application.
- 3 years’ experience within professional football at 1st team or U23s level.
- Forward thinking mindset to developing the department and programme.



Personal Requirements:

- Collaborative.
- Knowledgeable.
- Inspirational.
- Exciting.
- Influential.
- Innovative.

Only applicants that meet the above criteria will be considered for the role. Applicants must be able to demonstrate that they are eligible to live and work in the UK.

Birmingham City FC is an equal opportunities and Disability Confident employer and welcomes applicants from all sectors of the community.

Anyone interested in the above role, please follow the link to apply below;

<https://bcfc.octo-firstclass.co.uk/candidates/account/login/83030?aisId=12&rmlId=1059&src=3>