



# Role Profile

## WSL Academy & RTC Department

### Sports Therapist / Physiotherapist

#### Role Reports To: Youth Technical Director

**Role Purpose:** Support the development and delivery of all aspects of Sports Therapy / Physiotherapy services to Regional Talent Club (RTC) player's, in line with the Club's injury reduction and performance enhancement philosophy.

#### Main Responsibilities and Accountabilities

- Maintain licence requirements by continuously striving for excellence, with the mission to provide a highly advanced level of service provision to the club's female athletes.
- Deliver individualised player development and injury reduction strategies to manage injury risk and enhance individual and team performance in collaboration with the wider interdisciplinary team, ensuring effective long-term athletic development (LTAD) of all RTC
- Ensure that a multidisciplinary approach is taken to player management, working with the interdisciplinary team to improve and extend the evidence based medical provision and rehabilitation practices employed by the women's club.
- Contribute to the design, implementation and effectiveness of athlete monitoring strategies and injury surveillance systems to objectively quantify player readiness to train and minimise injury risk throughout the RTC
- On a monthly basis, collect, analyse and present audited data to the interdisciplinary team to identify potential trends and risks factors associated with injury.
- Delivery of prehab and rehab programmes and maintaining comprehensive player medical records via the electronic medical notes system WPS.
- Provide Sports Therapy / Physiotherapy input into all individual learning and development plans to enhance performance of players and minimise the risk of injury.
- Devise and manage rehabilitation and treatment according to high quality research and departmental set return to play criteria.
- Ensure appropriate medical cover and availability for all RTC training, games and external clinical appointments as per a pre-arranged training schedule.
- Contribute significantly to knowledge sharing and development across the club to support development of the women's provision and its staff.
- Utilise the club's electronic medical records system WPS for accurate record keeping in line with professional regulations.
- Take personal responsibility for continued professional development, ensuring that you attend regular courses and conferences in addition to keeping an up-to- date portfolio.
- Any other duties as deemed necessary by your Line Manager or Head of Department.
- Demonstrate commitment to Safeguarding by adhering to relevant policies, procedures and values relating to safeguarding children and adults at risk
- Support the Club's commitment to equality, diversity and inclusion

#### Qualifications, Key Skills & Experience

##### Essential

- BSc (Hons) in Sports Therapy / Physiotherapy (minimum 2:1) is required.
- FA Level 3 Emergency Medical First Aid in Football (EMFAiF)
- Hold membership to the Chartered Society of Physiotherapy (MCSP) and registration with the Health and Care Professions Council (HCPC).
- Extensive experience of working within a professional team sport and in the provision of Sports Therapist / Physiotherapy services to high performance elite athletes.

- Extensive relevant evidence of sports medicine related continued professional development.
- Proven experience of working in an interdisciplinary team setting within a pressurised challenging environment.
- Experience of player profiling alongside developing and delivering strategies to manage injury risk and optimise performance

### **Desirable**

- Advanced pitch-side first aid qualification (ATMMiF course).
- UK Anti-Doping (UKAD) Clean Sport Sdvisor Course
- Extensive experience in planning and delivering advanced progressive rehabilitation programmes for elite athletes, and in developing and implementing innovative ideas to enhance service provision.
- Experience in use of multi-platform software packages i.e. Benchmark 54, PMA or WPS.
- Extensive knowledge of applied functional anatomy including demonstration of expert clinical reasoning skills.
- Comprehensive understanding of maturation and long-term athletic development and the performance demands of a professional female athlete.
- Knowledge and comprehensive understanding of the various roles within an interdisciplinary team in a footballing environment, and recent advances in sports medicine assessment, rehabilitation, screening and injury risk management.
- Ability to design and deliver individual rehabilitation programmes and ability to take a holistic approach to the treatment and rehabilitation of injury.
- Flexibility is required for working evenings, weekends and on public holidays.
- Full Clean UK driving licence

### **Disclosure and Barring Service Check Requirement**

- This role will be subject to an enhanced disclosure including a barred list check

*Aston Villa Football Club is an inclusive institution that provides a welcoming environment to supporters, the local community, customers, employees, contacts and competitors. We want to ensure that the Club and all its subsidiaries are free from discrimination of any kind, embracing all regardless of age, race, disability, gender reassignment, pregnancy and maternity, sexual orientation, marriage and civil partnership, sex (gender), religion or belief.*

*Aston Villa Football Club is fully committed to safeguarding children and adults at risk across our Club. As such, we adhere to Safer Recruitment processes and for some roles a satisfactory enhanced disclosure via the Disclosure & Barring Service may be required prior to starting in a role at the Club. For more information, please see [Aston Villa Football Club | The official club website | AVFC - Safeguarding](#)*