



**JOB DESCRIPTION**

<b>Job title:</b>	Academy Development Physiotherapist	<b>Contractual status:</b>	Fixed term for 3 years
<b>Reporting to:</b>	Academy Director	<b>Salary:</b>	Competitive

**Job Summary:**

This role will work closely with academy staff and players in the provision of match preparation and recovery whilst also delivering on the key performance physiotherapy tasks such as injury assessment, screening, monitoring, training preparation, pitch side cover for training and delivering appropriate rehabilitation and conditioning tasks.

The Academy Development Physiotherapist will take part in a 3-year programme, each with a defined development target:

***Athlete screening and assessment***

During this year there will be a key emphasis in assisting on the development and implementation of an evidence-based screening programme across the academy. Throughout the year there will a clear and obvious focus on developing clinical assessment and reasoning skills. Both internal and external continuous professional development (CPD) will be provided in this area. Therapists will be actively involved in developing and implementing a quality improvement or research topic in this area.

***Injury Rehabilitation***

During this year there will be a key emphasis in assisting on the development and implementation of an evidence-based gym and grassed based rehabilitation programmes. Therapists will deliver much of their day-to-day work in this area under the supervision of experienced therapists and strength and conditioning coaches. In addition to internal CPD, opportunities for external CPD with a strength and conditioning focus will be available. Therapists will be actively involved in developing and implementing a quality improvement or research topic in this area.

***Management***

During this year there will be a key emphasis in assisting on the development of managerial skills across the academy. This includes the day to day running of a sports medicine department, organising and holding departmental and academy wide multi-disciplinary team meetings. Throughout this year, there will be a clear and obvious focus on developing management skills. Both internal and external CDP will be provided in this area. Therapists will be actively involved in developing and implementing a quality improvement or research topic in this area.

Upon completion, we aim that therapist are confident and competent in all aspects of clinical care and medical management and are ready to take the next step in their career.



## Roles and Responsibilities:

### General

- Respond to the requirements of the Academy Doctor and Academy Director.
- To provide effective assessment and appropriate treatment interventions for all players, contributing to the diagnosis and treatment plans in conjunction with Club Physiotherapists and Soft Tissue Therapists.
- To support the delivery of all elements of Academy screening (pre-season and in season monitoring).
- To assist in the clinical data collection / monitoring / auditing and presentation to evaluate staff and department performance.
- To assist and lead first aid and pitch side cover for matches/training as required by the department.
- Accompany players to scans and hospital appointments as requested by the Academy Doctor and Academy Director.
- Recording of detailed and accurate medical records for all treatment interventions and assessments for fit and injured players in accordance with CSP and HCPC requirements.
- Demonstrate and maintain expert level of communication skills with all key stake holders that are involved in the care of all players.
- To actively contribute to the Club's commitment to research and development.
- To adhere to a strict code of confidentiality in respect of any information relating to Burnley Football Club and its operation.

### Treatment and Rehabilitation

- To deliver an expert level of manual handling and soft tissue skills for all fit and injured players.
- Complete expert assessments of injuries and complaints, both in acute setting and during rehabilitation.
- To consult with players to gather information about general health and injury.
- Collect and analyse data to profile players and potential causes of injury.
- Contribute to strategies to maximise performance and robustness
- To support the delivery of all elements of treatment room, gym and pitch-based rehabilitation in conjunction with wider multi-disciplinary team.
- Contribute to the development of rehabilitation / treatment plans.
- To work with other members of the Medical and Performance team to provide a holistic and integrated approach to athlete management for both fit and injured players

### Communication

- Regular communication with all members of the Medical and Performance team.
- To liaise and work closely with Academy Doctor and other Physiotherapist's.
- To develop strong professional relationships with players based on trust and respect

### Burnley FC

- To maintain continuous professional development (CPD) through the development of internal and external CPD programmes.
- To be able to work flexible hours where the role of the job requires.
- To work towards agreed objectives.
- Comply with all Club policies.
- Promote the Burnley FC brand and ethos in a professional, strong, and positive manner.



- Work alongside other team members to support in other areas of the organisation as and when required to promote best practice.
- Hold a commitment to equality and diversity in the workplace.
- Willingness to attend training courses to enhance own professional development.
- Always demonstrate the Club's values.

This job description is issued as a guideline to assist you in your duties and is not exhaustive. You may, on occasions, be required to undertake additional or other duties within the context of this job description.

### PERSON SPECIFICATION

CRITERIA	ESSENTIAL	DESIRABLE
QUALIFICATIONS	<ul style="list-style-type: none"> <li>• Intermediate Trauma Medical Management in Football (ITMMiF) qualification.</li> <li>• Chartered Clinical Physiotherapist with HCPC registration.</li> <li>• Member of the CSP.</li> <li>• Evidence of continuous professional development within different treatment types (i.e. manual therapy).</li> <li>• To be working towards a further personal qualification (MSc or equivalent).</li> <li>• Degree in Physiotherapy or Sports Therapy.</li> </ul>	<ul style="list-style-type: none"> <li>• Masters' qualification in a relevant area.</li> <li>• Advanced Trauma Medical Management in Football (ATMMiF) qualification.</li> <li>• A positive attitude towards professional development and their own learning.</li> </ul>
EXPERIENCE & SKILLS	<ul style="list-style-type: none"> <li>• Experience of working within an elite sport environment including undergraduate level.</li> <li>• Experience of working within a multi-disciplinary team.</li> </ul>	<ul style="list-style-type: none"> <li>• A minimum of 2 years' experience of working within a football environment.</li> <li>• Experience of screening athletes.</li> </ul>
PERSONAL QUALITIES	<ul style="list-style-type: none"> <li>• Time management skills to be able to plan and regulate workload including the ability to prioritise demands and thrive under pressure.</li> <li>• Excellent communication skills, both written and verbal.</li> <li>• Excellent IT skills including intermediate abilities in all MS Office programs.</li> <li>• Access to transport for work purposes and to travel to</li> </ul>	



locations throughout the local area.

- Ability to work within a team and foster good working relationships.
- Willingness to have a full DBS check.
- Meticulous standards.
- A friendly, positive 'can do' and courteous attitude.
- A commitment to the aims, vision, and values of Burnley FC.
- Highly motivated, determined, and conscientious.
- Enthusiastic, energetic, and resilient.
- An organised and efficient approach to work.
- Flexible, helpful, and responsive.